

# MSU COMMUNITY MUSIC SCHOOL - EAST LANSING

# **2018-19 ANNUAL REPORT**

The MSU Community Music School-East Lansing (CMS-EL), a subdivision of the MSU College of Music, brings music education and music therapy to individuals of all ages and abilities in the community. For 25 years, CMS has proven through its programming and services that music has the ability to transform lives. Therapy clients have spoken their first words at CMS. Young music students who were struggling academically have found the confidence and resolve to succeed in school. Other students have found their professional calling and have gone on to study music at the collegiate level. At CMS, adults who once felt isolated have found a community and sense of belonging. Music dramatically enhances the quality of life and CMS offers opportunities for the study, appreciation and therapeutic use of music for all, regardless of age or ability. Financial assistance is available to those with need.

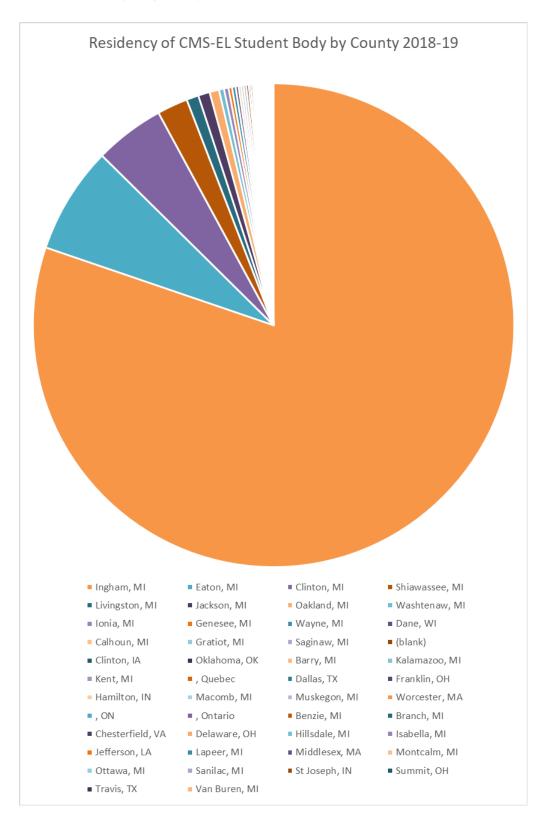
In 2018-19, CMS-EL served 2,957 individuals within the Greater Lansing area. An additional 428 children participated in outreach visits provided by CMS-EL. Focused on expanding its reach further, CMS has built partnerships with many different community organizations. Partners include Community Mental Health, Early On, Montessori Children's House of Lansing, Mid-Michigan Autism Association, Rainbow Homes, Peckham, Clinton County RESA, St. Vincent Catholic Charities, Gratiot Integrated Health Network, Hope Network, All Faith Ministry for disABILITIES, Hospice of Lansing, Hope Network and Ten Pound Fiddle.

Private support enables CMS-EL to remove the economic barriers for families in mid-Michigan to have the opportunity to participate in music. CMS-EL strives to increase capacity as an increasing number of families learn about our programming.

CMS-EL programs are primarily funded through student tuition, grants and gift donations. In fiscal year 2019, CMS-EL grants and gifts totaled approximately \$53,263. Through various funding and donations, CMS-EL is able to offer financial assistance to students in need. In 2018-19, CMS-EL awarded a total of \$28,561 in financial assistance to ensure that 249 low-income students received music education/music therapy services.

## **FAMILIES SERVED BASED ON RESIDENCE**

CMS-EL primarily serves East Lansing families. 25% of students live in the City of East Lansing. Okemos represents the next highest percentage at 23%; then Lansing at 18%. 80% live in Ingham County. The following charts offer a snapshot of where program participants reside.



## **PROGRAM SUMMARIES**

Early Childhood Music (ages 0-5)/ Making Music (ages 5-7) classes expose babies, toddlers and small children to different types of music and movement through a curriculum proven to enhance school readiness skills across physical, interpersonal and language domains. (35 weeks)

**Suzuki Program** provides individual and group lessons for violin, viola, cello and piano. The premise of the Suzuki method is that learning is the product of environment and any skill can be learned



Early childhood toddler and parent use scarves to move with the music.
Photo credit: Sarah Beth Bohan

product of environment and any skill can be learned when broken into small, manageable steps. Suzuki's approach was to teach music in the same way children learn to speak their mother tongue. 137 students were enrolled in Suzuki in 2018-19. (34 weeks)

**Private Lessons** are available to individuals of all ages, levels and abilities. Private lessons are offered on a weekly basis in durations of 30, 45 or 60 minutes on over 20 instruments. Individuals in private lessons participate in weekly lessons, school-wide recitals and occasional guest master classes. (44 weeks)

**Children and Youth Choir Program** is made up of students from the community who enjoy singing, learning, and meeting new people. 210 students were enrolled in youth choirs in 2018-19. The choir program also expanded to include two off-site outreach choirs. Started at Winans and Elmwood Elementary Schools in the Waverly district, these additional choirs enabled 211 students to participate in choir that otherwise would not have had a choral experience. (34 weeks)

**Children and Youth Classes** are for children ages 5 – 18. Offerings include group piano and violin as well as a Strings Reading Orchestra. (30 weeks)

**Adult Classes** enable adults to learn to play an instrument or advance their skills. Course offerings in 2018-19 included Adult Beginning Band (New Horizons Band), Jazz Band, Beginning Ukulele, Harp Ensemble, Adult String Ensemble, Flute Forum, Group Piano, Choral Union and the Spartan Community Guitar Ensemble. (30 weeks)

**CMS-EL Music Therapy Clinical Services** provides life-changing therapeutic opportunities to individuals, groups and institutional clients including Community Mental Health, Hospice of Lansing, Hope Network and Rainbow Homes. (46 weeks)

**Summer Camps** offerings include the Eric 'RicStar' Winter Music Therapy Camp, Middle School Band Camp, Time to Shine Musical Theatre Camp and Beginning Strings Camp.



RicStar's music therapy camper belts it out at the Be A Star Showcase.

Photo credit: Sarah Beth Bohan

### 2018-2019 HIGHLIGHTS

#### ADVANCING NEW PROGRAMS THROUGH GRANT AWARDS

- Received a grant for \$8,000 from the Michigan State University Creating Inclusive Excellence, which allowed the creation of a bucket drumming program at the Boys and Girls Club of Lansing.
- Received a grant for \$5,000 from the Peckham Foundation, which allowed two music therapists to travel to two Peckham locations, facilitating weekly drum circles for Peckham employees.

#### **COMMMUNITY OUTREACH AND ENGAGEMENT**

- School outreach visits were made to Winans and Elmwood Elementaries in Waverly and Donley Elementary in East Lansing. Funded in part by the Michigan Council for Arts & Cultural Affairs (MCACA).
- Continued outreach choir program at Winans and Elmwood Elementary supported by the Michigan Council for Arts and Cultural Affairs (MCACA).
- CMS-EL participated in Lansing area community event, "Be a Tourist in Your Own Town", to engage youth, parents/guardians in music education through activities including an instrument petting zoo.
- Held a one-day Suzuki strings workshop for all students enrolled in violin, viola, cello and piano within the Suzuki program. Brought in guests and master classes.
- · Partnered with the College of Music to continue the Sensory Friendly Spartan Concert.
- Hosted two free community Open Houses in September 2018 and January 2019, to share with families the benefits of music education. Activities offered at the open houses included interactive demonstrations of programs such as Early Childhood Music, Beginning Violin and Suzuki Strings, as well as an instrument petting zoo.

#### BUILDING PARTNERSHIPS TO MAKE MUSIC THERAPY MORE ACCESSIBLE

- Partnered with St. Vincent Catholic Charities Children's Home to provide weekly music therapy services at their location.
- Contracted with Ingham County Medical Care Facility to provide music therapy sessions for adult clients with special needs.
- Created a weekly music therapy group for adults from Clinton Eaton Ingham Community Mental Health.
- Partnered with Okemos Special Needs Day Camp to provide one day of music therapy interventions.
- Provided bi-weekly music therapy services to students enrolled in the Clinton County Regional Educational Service Agency in St. Johns, Michigan.

#### SHOWCASING CMS STUDENTS AND ENSEMBLES

- 58 free student performances/recitals were held at venues including the MSU Community Music School-EL. Wharton Center, and Fairchild Theatre.
- Spartan Youth Jazz ensembles performed at the Hastings Jazz Festival.
- MSU Youth Chorale performed with the Lansing Symphony Orchestra.

#### **EDUCATION RESOURCE FOR MSU COLLEGE OF MUSIC STUDENTS**

- Provided students from the College of Music with career-focused experience in arts administration through internships.
- Continued to be a teaching lab for College of Music education students in the areas of early childhood music and pedagogy. With oversight from College of Music faculty, College of Music students receive the opportunity to gain hands-on teaching experience through both teaching and assisting early childhood music classes and group piano classes for children.

#### **CONTINUED SUCCESS AND RECOGNITION**

- Anonymous parent and student surveys indicated 98% of survey respondents agreed or strongly agreed that CMS-EL met or exceeded their expectations and would recommend CMS-EL to others.
- CMS-EL music therapy director, Cindy Edgerton, co-presented with Jody Stark, CMS-D site director of music therapy, at the Great Lakes Regional Conference of the American Music Therapy Association. Their presentation was titled "Michigan State University Community Music Schools: Providing a Diversity of Music Therapy outreach and Engagement."

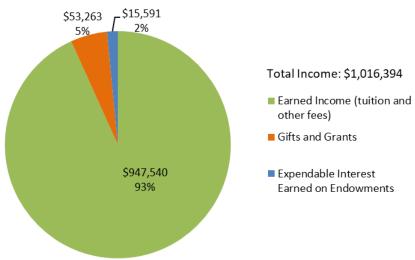
## FINANCIAL SUMMARY

CMS-EL's fundraising and revenue directly support music education programming and tuition assistance for students with demonstrated financial need. CMS teaching faculty represent the largest piece of the CMS-EL budget, approximately 84% annually.

Overall fundraising in FY 19 totaled \$53,263. Support included individual donations as well as corporate and foundation support from The Arts Council of Greater Lansing, Michigan Council for Arts and Cultural Affairs, Dart Foundation, Lansing Youth Exchange, Michigan State University Federal Credit Union, Carl & Irene Morath Foundation and Michigan State University's Creating Inclusive Excellence initiative.

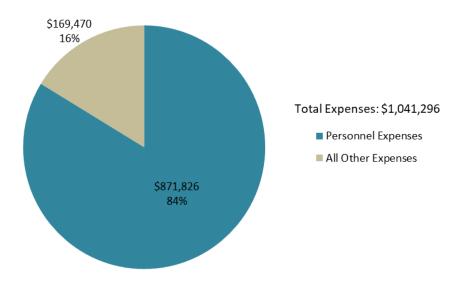
## **CMS Income Overview**

July 1, 2018 - June 30, 2019



# **CMS Expense Overview**

July 1, 2018 - June 30, 2019



## PRIVATE SUPPORT MAKES A BIG IMPACT

The benefits of music education can be enormous for youth at any age and has been proven to improve problem solving, entrepreneurial thinking, and leadership skills.

Supporting school readiness during early childhood can create a sense of belonging and skill-building at the elementary and middle school levels. The beginning years are crucial to graduation rates and preparing youth for higher education and success later in life — music is a proven method for enhanced success across many areas.

Music can be equally beneficial to older adults. In addition to building community (many of CMS-EL's most active volunteers are adult students); music study has both longtime and late-in-life benefits. Findings suggest that musical training has a lasting, positive effect on the brain and may reduce the effects of memory decline and cognitive aging.

CMS-EL's greatest need is funding for tuition assistance. This allows CMS-EL to support our growing number of families requesting tuition assistance—the average household income for financial aid recipients is \$25,957 with an average household size of 3. CMS-EL is committed to keeping music and its inherent benefits accessible to everyone in the greater Lansing area and with private support, we can continue to provide access to our life-changing music programs.

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